In the Claims:

Claims 1-33 (Cancelled)

34. (Presently Amended) A method of forwarding message attachments, comprising the steps of:

receiving an electronic message at a host computer ~~system~~, the electronic message including a message body and a message attachment;

decoupling the message attachment from the message body and storing the message attachment at the host computer ~~system~~;

forwarding the message body and information regarding the identity and type of the message attachments to a wireless mobile data communications device;

receiving the message body and the information regarding the message attachment at the wireless mobile communication device;

transmitting a first command message from the wireless mobile communication device to the host computer ~~system~~ directing the host computer ~~system~~ to transmit the message attachment to the wireless mobile communication device; and

transmitting a second command message from the wireless mobile communication device to the host computer ~~system~~ directing the host computer ~~system~~ to transmit the message attachment to an external device capable of processing the attachment.

Claims 35-37 (Cancelled)

38. (Presently Amended) The method of claim 34, wherein if the first command message is received by the host computer ~~system~~, then the host computer ~~system~~ transmitting the message attachment to the wireless mobile communication device.

39. (Presently Amended) The method of claim 34, wherein if the second command message is received by the host computer ~~system~~, then the host computer ~~system~~ transmitting the message attachment to the external device.

40. (Presently Amended) The method of claim 39, wherein the second command message includes information identifying the destination of the external device, and wherein the host computer ~~system~~ utilizes the destination information to transmit the message attachment to the external device.

41. (Presently Amended) The method of claim 34, further comprising the steps of:

the host computer ~~system~~ determining whether the wireless mobile communication device can process attachments of the identified type of message attachment, and if so, then in response to receiving the first command message, transmitting the message attachment to the wireless mobile communication device, and if not, then in response to receiving the first command message, not transmitting the message attachment to the wireless mobile communication device.

42. (Presently Amended) The method of claim 41, wherein the host computer ~~system~~ determines whether the wireless mobile communication device can process attachments of the identified type of message attachment by accessing a stored profile for the wireless mobile communication device.

43. (Previously Presented) The method of claim 42, wherein the stored profile indicates the types of attachments that the wireless mobile communication device can receive and process.

44. (Previously Presented) The method of claim 43, wherein the stored profile is modifiable so that the indication of the types of attachments that the wireless mobile communication device can receive and process can be altered.

45. (Presently Amended) The method of claim 44, further comprising the step of transmitting a profile command message from the wireless mobile communication device to the host computer ~~system~~ to alter the types of attachments that the wireless mobile communication device can receive and process.

46. (Presently Amended) The method of claim 34, further comprising the steps of:

providing a user profile for the wireless mobile communication device, wherein the user profile stores a list of one or more external devices associated with the wireless mobile communication device; and

in response to receiving the second command message from the wireless mobile communication device, the host computer ~~system~~ accessing the user profile associated with the wireless mobile communication device to determine the external device to which the message attachment is to be sent.

47. (Presently Amended) The method of claim 34, wherein the messages received at the host computer ~~system~~ are directed to a first address at the host computer ~~system~~, the method further comprising the steps of:

configuring one or more redirection events at the host computer ~~system~~;

detecting that a redirection event has occurred at the host computer ~~system~~ and generating a redirection trigger; and

in response to the redirection trigger, forwarding the received message bodies and information regarding the attachments to the wireless mobile communication device.

48. (Presently Amended) The method of claim 47, wherein the redirection events include external events, internal events or networked events, wherein the external events are events external to the host system, wherein the internal events are events internal to the host computer ~~system~~, and wherein the networked events are events that occur on a network coupled to the host computer ~~system~~.

49. (Previously Presented) The method of claim 48, wherein one of the external events is a message from the wireless mobile communication device to start the redirection step.

50. (Presently Amended) The method of claim 48, wherein the internal events include a calendar alarm, a screen saver activation or a keyboard timeout signal associated with the host computer ~~system~~.

51. (Previously Presented) The method of claim 34, wherein the wireless mobile communication device is a hand-held wireless paging computer, a wirelessly-enabled palm-top computer, a mobile telephone with data messaging capabilities or a wirelessly-enabled laptop computer.

52. (Previously Presented) The method of claim 34, wherein the attachment type is a voice data message.